

FAMILY
Holy
Week
GUIDE



LifePoint
CHURCH



Memory Verse for the Week:

"Have this mind among yourselves, which is yours in Christ Jesus, who, though he was in the form of God, did not count equality with God a thing to be grasped, but emptied himself, by taking the form of a servant... he humbled himself by becoming obedient to the point of death, even death on a cross. Therefore God has highly exalted him..."

— Philippians 2:5-11

This week we will walk through three important places during Holy Week:

- The Upper Room — Jesus Serves
- The Garden — Jesus Surrenders
- The Cross — Jesus Saves

Each day includes a short Scripture reading, discussion questions, and a simple activity to help families experience the story together.

Day 1:

The Upper Room – Jesus Serves

(Jesus Washes the Disciples' Feet)

Lesson Scripture: John 13:1–17

Focus Verse from Memory Passage: Philippians 2:5–7

"Have this mind among yourselves, which is yours in Christ Jesus... taking the form of a servant."

Read Together (John 13:1-17):

In John 13, Jesus and His disciples were gathered in the upper room for dinner. Normally, the lowest servant in the house would wash the dust and dirt from people's feet when they entered. But that night something surprising happened. Jesus — the Son of God — got down on His knees and washed the disciples' feet. The One who created the world chose to serve. Jesus was showing them something very important: His kingdom is different. True greatness is found in humility and serving others.

What Does "Serving" Mean?

Serving means putting someone else's needs before your own. Jesus did not just tell people to serve — He showed them how. When we serve others, we reflect the heart of Jesus.

Activity (Wash Each Other's Feet):

Fill a small bowl with warm water and take turns gently washing one another's feet.

While you do this, remind your children: Jesus did this for His disciples.

Afterward, ask: "How did it feel to serve someone else this way?"

Discussion:

- How did Jesus serve His disciples?
- What does Jesus serving teach us about Him?
- Guide your family to see: Jesus is humble, Jesus loves people deeply & Jesus came to serve, not to be served.

Pray:

Thank God that Jesus was willing to come as a humble servant.

Day 2:

The Upper Room – God Calls Us to Serve (The Last Supper)

Lesson Scripture: Luke 22:7–20

Focus Verse from Memory Passage: Philippians 2:5

"Have this mind among yourselves, which is yours in Christ Jesus."

Read Together (Luke 22:7-20):

At the Last Supper, Jesus shared a special meal with His disciples. During this meal, He broke bread and shared a cup, telling them that these represented His body and His blood, which would soon be given for them. Jesus was showing them that the greatest act of service was about to happen. Jesus was about to give His life to save sinners. Serving others is not just about small acts of kindness. It is about loving people enough to sacrifice for them.

What Does God Call Us to Do?

Because Jesus served us, we are called to serve others.

Serving shows people: The love of Christ, the humility of Christ & the heart of Christ.

Activity (Family Service Challenge):

Choose one simple way your family can serve someone this week.

Examples:

- Write a thank-you note to a teacher
- Bake cookies for a neighbor
- Help clean someone's yard
- Encourage someone who is lonely
- Pray together for someone in need

Serving does not have to be big — it simply needs to be done with love.

Discussion:

- How is God calling you to serve?
- What does serving show others about Jesus?
- Is it easy or hard to serve others? Why?
- Help kids see that serving sometimes means putting others before ourselves.

Pray:

Ask God to help your family notice people who need love and encouragement.

Day 3:

The Garden – Jesus Surrenders

(“Not My Will, But Yours”)

Lesson Scripture: Matthew 26:36–39

Focus Verse from Memory Passage: Philippians 2:8

“He humbled himself by becoming obedient to the point of death—even death on a cross.

Read Together (Matthew 26:36-39):

After the Last Supper, Jesus went to the Garden of Gethsemane to pray. Jesus knew what was coming. He would soon carry the weight of the sin of the world and suffer on the cross. Jesus prayed: “My Father, if it be possible, let this cup pass from me; nevertheless, not as I will, but as you will.” Jesus was honest about how hard the moment was — but He chose to trust and obey the Father.

What Does the “Cup” Represent?

The cup represented the judgment for sin that Jesus would take upon Himself. Jesus was preparing to carry the punishment that sinners deserve. Even though it was difficult, Jesus surrendered to God’s plan.

Activity (The Cup Object Lesson):

Place a cup on the table.

Explain to your children: “This cup represents the punishment for sin. Jesus chose to take this cup for us.”

Let each child hold the cup for a moment and reflect on the cost of our sin.

Have them write down a sin (younger kids – this can be a sin that they know exists such as: Lying, Disobedience, etc. For older kids – this can be a sin they genuinely struggle with.)

Then remind them: Jesus took the cup so we could receive forgiveness.

Pour out the sin into a trashcan – explain to kids that Jesus had the wrath of God poured out on him because of our sin. He took our punishment.

Discussion:

- What does the cup represent?
- Why did Jesus say “not my will, but Yours”?
- Help children understand: Jesus trusted the Father completely — even when the path was painful.

Pray:

Encourage each family member to finish this prayer sentence.

“God, I don’t want to _____, but I choose Your will.”

Day 4:

The Garden – Learning to Surrender

Lesson Scripture: Matthew 26:36–39

Focus Verse from Memory Passage: Philippians 2:8

"He humbled himself by becoming obedient to the point of death—even death on a cross.

Read Together (Matthew 26:36-39):

Jesus showed us what true surrender looks like. He trusted the Father even when the path ahead included suffering.

Sometimes we want to be in control of everything. But following God means trusting Him even when we cannot see the whole plan. Jesus trusted the Father completely

Activity (Control vs. Trust Game):

Have one family member wear a blindfold. Another person will guide them across the room using only their voice.

After the activity, discuss:

- Was it hard to let go of control?
- Did you trust the person guiding you?
- How is trusting God like that?

Explain: Following God sometimes feels like walking without seeing the whole path. But we can trust Him because He is good and He knows what is best.

Discussion:

- Why is it hard to trust God sometimes?
- What is something you need to trust God with right now?
- Help kids see that surrender means placing our lives in God's hands.

Pray:

Encourage each family member to name something they want to trust God with.

"God, please help me surrender _____ to You."

Day 5:

The Cross – Jesus Saves

(“It Is Finished”)

Lesson Scripture: John 19:17–37 (Focus on Verses 28–30)

Focus Verse from Memory Passage: Philippians 2:8–9

Read Together (John 19:17-37):

Jesus was nailed to the cross outside the city of Jerusalem. On the cross, Jesus carried the punishment for sin. Then Jesus spoke three powerful words: “It is finished.”

This did not mean Jesus’ life was over. It meant that the work of salvation was complete. The debt of sin had been fully paid

What Does “It Is Finished” Mean?

It means:

- The price for sin was paid
- God’s rescue plan was complete
- Jesus accomplished the work of salvation

Nothing needs to be added to what Jesus did.

Activity (Cross Puzzle):

Use the cross puzzle template (located on the last page).

Cut the puzzle pieces apart and mix them up.

Work together to put the cross back together.

As the cross is completed, explain: Just like the puzzle comes together, Jesus completed the work of salvation on the cross.

Discussion:

- What does “It is finished” mean?
- How does the cross show God’s love for us?
- Explain: God loved us so much that He sent Jesus to take our punishment.

Pray:

Take a moment to confess sin to God.

“Lord, forgive me for my sins. Thank You that Jesus paid the price for me.”

Day 6:

The Cross – How Are We Saved?

(The Thief on the Cross)

Lesson Scripture: Luke 23:26–43

Focus Verse from Memory Passage: Philippians 2:9–11

"Therefore God has highly exalted him..."

Read Together (Luke 23:26-43):

Two criminals were crucified next to Jesus. One of them mocked Him. But the other man believed. He said: "Jesus, remember me when you come into your kingdom." Jesus responded: "Today you will be with me in paradise."

The thief had nothing to offer Jesus. No good works. No time to change his life. But he believed in who Jesus was. And Jesus saved him.

What Does This Teach Us?

Salvation is not something we earn. We are saved by grace through faith in Jesus. Just like the thief, we come to Jesus with empty hands and trust Him completely.

Activity (Snake Crusher Is Crushed):

Watch The Biggest Story – Snake Crusher Is Crushed together. This video shows how the story of the Bible points to Jesus defeating sin and death.



Discussion:

- Why could Jesus promise the thief paradise?
- What can we bring to Jesus?
- Help children understand: We bring nothing but our faith and trust in Him. Jesus does the saving.

Pray:

"God, thank You for sending Jesus to save us. Help us trust Him with our whole lives. Amen."

