



DAY

1

READ: Hebrews 4:1-13

PRAY:

- Thank God that we who believe enter an eternal rest with God.
- Thank God for the Sabbath rest that He provides for His people through Jesus.
- Ask God to help us remain faithful as we enter that rest.

SING: Lord I Need You - My House Worship Sessions



DAY

2

READ: Matthew 11:25-30

PRAY:

- Thank God that the Son came to do the work of the Father.
- Thank God for His offer of rest to His children.
- Ask God to help you bring your burdens to Him, that He might lighten them by carrying them with you.

SING: Lord I Need You - My House Worship Sessions



DAY

3

READ: Genesis 2:1-3

PRAY:

- Thank God that He worked perfectly and rested perfectly.
- Ask God to help you discover healthy patterns of work and rest in your own life.
- Thank God that His work is sufficient for our spiritual rest.

SING: Lord I Need You - My House Worship Sessions